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Gain control of your journey with

### PREPARE FOR PREGNANCY WORKBOOK

with Fiona Boulton

## VIDEO 7



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## PREPARE FOR PREGNANCY WORKBOOK



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To join our most popular course with over 80% success rate, see www.awakeningfertility.com/fertile-lifestyle-course



| Refer to the end of the workbook for all links and products discussed |
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#### Prepare For Pregnancy Workbook - Video Links

#### CONTACT

For direct support, reach out to us with any questions you may have: <a href="mailto:support@awakeningfertility.com">support@awakeningfertility.com</a> to book your 1-to-1 private consultation with Fiona Boulton.

You can book here - <a href="https://awakeningfertility.com/consultation/">https://awakeningfertility.com/consultation/</a>

Or if you are a newsletter subscriber and have not yet had your complimentary consultation, sign up here - <a href="https://awakeningfertility.com/newsletter">https://awakeningfertility.com/newsletter</a>.



What To Do When Everyone Is Getting Pregnant But Not You Awakening Fertility Youtube video - <a href="https://www.youtube.com/watch?v=AKAzWm6kzk8">https://www.youtube.com/watch?v=AKAzWm6kzk8</a>



Learn more about Mind Mastery in the Online Fertile Lifestyle Course - <a href="https://awakeningfertility.com/fertile-lifestyle-course/">https://awakeningfertility.com/fertile-lifestyle-course/</a>

Learn more about Grounding and Meditation in the Online Fertile Lifestyle Course - <a href="https://awakeningfertility.com/fertile-lifestyle-course/">https://awakeningfertility.com/fertile-lifestyle-course/</a>

Book a personalised Meditation with Fiona here - <a href="https://awakeningfertility.com/fertility-meditations/">https://awakeningfertility.com/fertility-meditations/</a>

Access the '22 Lines' to understand your subconscious in the Online Fertile Lifestyle Course - <a href="https://awakeningfertility.com/fertile-lifestyle-course/">https://awakeningfertility.com/fertile-lifestyle-course/</a>

You can find more Meditations on the Awakening Fertility YouTube channel - <a href="https://youtube.com/playlist?list=PLcwHjhLgh62fPe83y6fqE310ld5\_QnB0j">https://youtube.com/playlist?list=PLcwHjhLgh62fPe83y6fqE310ld5\_QnB0j</a>

Powerfully Pure's Qi Gong for Fertility - <a href="https://powerfullypure.com/products/fertility-qi-gong">https://powerfullypure.com/products/fertility-qi-gong</a>



#### Prepare For Pregnancy Workbook - Video Links

Family Tree Fertility Meditation Awakening Fertility Youtube Video - <a href="https://youtu.be/RKveqvbiwbQ">https://youtu.be/RKveqvbiwbQ</a>



Post any questions in the Fertility Help (Supportive Community of Fertile Friends)' Facebook Group - Search the group on Facebook to request to join, or visit <a href="https://www.facebook.com/groups/fertilityhelp/">https://www.facebook.com/groups/fertilityhelp/</a>



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