



AWAKENING



FERTILITY

*with Fiona Boulton*

*Gain control of your journey with*

# PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Boulton*

## VIDEO 6





*Gain control of your journey with*

## PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Bullen*

## VIDEO 6

*Make your own notes  
as you listen*

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To join our most popular course with over 80% success rate, see  
[www.awakeningfertility.com/fertile-lifestyle-course](http://www.awakeningfertility.com/fertile-lifestyle-course)

## Prepare For Pregnancy Workbook 6

Refer to the end of the workbook for all links and products discussed

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## Prepare For Pregnancy Workbook - Video Links

### CONTACT

For direct support, reach out to us with any questions you may have:  
[support@awakeningfertility.com](mailto:support@awakeningfertility.com) to book your 1-to-1 private consultation with Fiona Boulton.

You can book here - <https://awakeningfertility.com/consultation/>

Or if you are a newsletter subscriber and have not yet had your complimentary consultation, sign up here -  
<https://awakeningfertility.com/newsletter>.



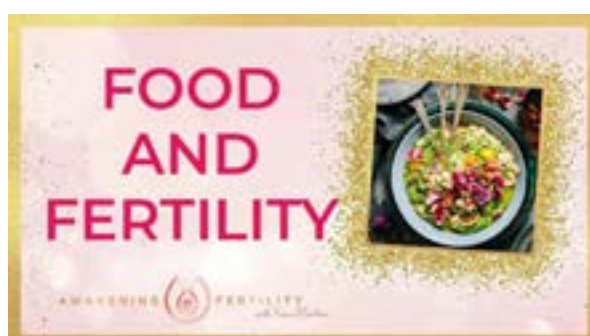
Powerfully Pure's Marine Phytoplankton -  
<https://powerfullypure.com/products/marinephytoplankton>



Powerfully Pure's Fulvic Minerals -  
<https://powerfullypure.com/products/prebiotic-and-probiotic-fulvic-minerals>



Food and Fertility YouTube Awakening Fertility Youtube Video -  
<https://www.youtube.com/watch?v=LpHHgqqGOHg>



## Prepare For Pregnancy Workbook - Video Links

Effects of Sugar on Fertility YouTube Awakening Fertility Youtube Video - <https://www.youtube.com/watch?v=AbSIA3twjNQ>



Powerfully Pure's Whole Beehive Honey with Royal Jelly - <https://powerfullypure.com/products/medical-grade-whole-beehive-honey>



Effects of Meat on Fertility Awakening Fertility Youtube Video - <https://www.youtube.com/watch?v=BCfipu0Frag>



Sign up to the Awakening Fertility Newsletter - <https://awakeningfertility.com/newsletter/>

What To Do When Everyone Is Getting Pregnant But Not You Awakening Fertility Youtube video - <https://www.youtube.com/watch?v=AKAzWm6kzk8>





## Prepare For Pregnancy Workbook - Video Links

Become Baby Ready Series -

<https://awakeningfertility.com/baby-on-a-budget-interactive-support/#become-baby-ready>

Powerfully Pure's Heavy Metal Detox - <https://powerfullypure.com/products/heavy-metal-detox>



Dr Bronner's Castile Soap - <https://www.drbronner.co.uk/>

Fertility Help (Supportive Community of Fertile Friends)' Facebook Group - Search the group on Facebook to request to join, or visit <https://www.facebook.com/groups/fertilityhelp/>

Powerfully Pure Supplements & Superfoods (The cleanest source of organic and wild food grade supplements using plant-power-medicine) - <https://powerfullypure.com/>

Powerfully Pure's Shine - <https://powerfullypure.com/products/shine>

Powerfully Pure's eVitCi - <https://powerfullypure.com/products/evitci>



The Online Fertile Lifestyle Course -

<https://awakeninafertility.com/fertile-lifestyle-course/>



<https://powerfullypure.us4.list-manage.com/subscribe/post?u=04c1286f4132376b8096d486f&id=7c888de112>