



AWAKENING



FERTILITY

*with Fiona Boulton*

*Gain control of your journey with*

# PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Boulton*

## VIDEO 3





*Gain control of your journey with*

## PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Baulton*

## VIDEO 3

*Make your own notes  
as you listen*

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

To join our most popular course with over 80% success rate, see  
[www.awakeningfertility.com/fertile-lifestyle-course](http://www.awakeningfertility.com/fertile-lifestyle-course)

## Prepare For Pregnancy Workbook 3

Refer to the end of the workbook for all links and products discussed

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

## Prepare For Pregnancy Workbook 3

Refer to the end of the workbook for all links and products discussed

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

To join our most popular course with over 80% success rate, see  
[www.awakeningfertility.com/fertile-lifestyle-course](http://www.awakeningfertility.com/fertile-lifestyle-course)

## Prepare For Pregnancy Workbook 3

Refer to the end of the workbook for all links and products discussed

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

## Prepare For Pregnancy Workbook 3

Refer to the end of the workbook for all links and products discussed

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

To join our most popular course with over 80% success rate, see  
[www.awakeningfertility.com/fertile-lifestyle-course](http://www.awakeningfertility.com/fertile-lifestyle-course)

## Prepare For Pregnancy Workbook - Video Links

### CONTACT

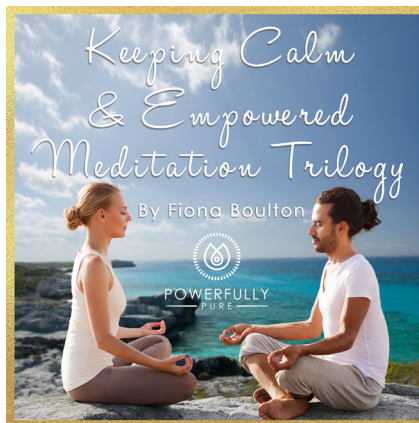
For direct support, reach out to us with any questions you may have: [support@awakeningfertility.com](mailto:support@awakeningfertility.com) to book your 1-to-1 private consultation with Fiona Boulton.

You can book here - <https://awakeningfertility.com/consultation/>

Or if you are a newsletter subscriber and have not yet had your complimentary consultation, sign up here - <https://awakeningfertility.com/newsletter>.



Powerfully Pure Meditations - <https://powerfullypure.com/products/powerfully-pure-meditation>



Awakening Fertility Youtube - <https://www.youtube.com/awakeningfertility>

Online Fertile Lifestyle Course for access to communication with baby and your higher self meditations - <https://awakeningfertility.com/fertile-lifestyle-course/>

'Sacred Contracts' by Caroline Myss book, available on Kindle, eBook, audio book, hardback and paper back - <https://www.amazon.co.uk/Sacred-Contracts-Awakening-Divine-Potential/dp/055381494X>



## Prepare For Pregnancy Workbook - Video Links

Extra workshops, in addition to Prepare for Pregnancy: Refer to our Baby on a Budget interactive seminar series.

1. Become Baby Ready Seminar: Learn how to master your emotions and heal/connect to your womb –

<https://powerfullypure.com/products/become-baby-ready>

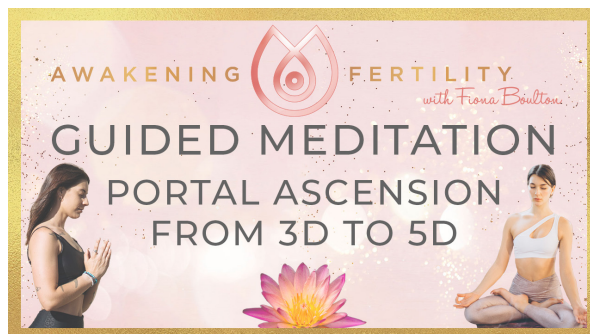
2. The Master Key to Fertility: Use proven science to learn how to master your mind and manifest your desires (not your fears) -

<https://powerfullypure.com/products/the-master-key-to-fertility>

3. The Sacred Fertility Formula: Learn the top three secrets to have your happy, healthy baby that your doctor has not told you -

<https://powerfullypure.com/products/sacred-fertility-formula>

Portal Ascension from 3D to 5D Youtube Video - <https://youtu.be/XI-Yf0yRUao>



Learn more about Chakras in the Online Fertile Lifestyle Course -

<https://awakeningfertility.com/fertile-lifestyle-course/>

Learn how to communicate from the heart in the Online Fertile Lifestyle

course - <https://awakeningfertility.com/fertile-lifestyle-course/>

Powerfully Pure Heavy Metal Detox -

<https://powerfullypure.com/products/heavy-metal-detox>





## Prepare For Pregnancy Workbook - Video Links

Mastering your emotions seminar -

<https://powerfullypure.com/products/become-baby-ready>

Fertility Yoga QIYoga For Fertility -

<https://powerfullypure.com/products/fertility-yoga-qiyoga-for-fertility>

Move Yourself Fertile with Fertility Yoga -

<https://powerfullypure.com/products/move-yourself-fertile-with-fertility-yoga-book>

Qi Gong For Fertility - <https://powerfullypure.com/products/fertility-qi-gong>

Breathing techniques are lightly covered on the Awakening Fertility Youtube Channel <https://www.youtube.com/awakeningfertility> and are covered in more depth in the Online Fertile Lifestyle Course <https://awakeningfertility.com/fertile-lifestyle-course/>

Powerfully Pure Shungite Pyramid -

<https://powerfullypure.com/products/shungite-pyramid>



For information on Kangen Water Machine, contact us on:

[support@awakeningfertility.com](mailto:support@awakeningfertility.com)

Powerfully Pure Sacra Oil -

<https://powerfullypure.com/products/essential-oil-sacra>



Sacra Oil

## Prepare For Pregnancy Workbook - Video Links

Fiona's article on product ingredients to avoid -

<https://awakeningfertility.com/2020/06/how-to-read-food-labels-and-know-what-to-avoid-in-food-and-fertility-supplements/>

Powerfully Pure Organic Salt Soak -

<https://powerfullypure.com/products/salt-soak-organic>



For advice on healers, contact Fiona on [fiona@awakeningfertility.com](mailto:fiona@awakeningfertility.com)

Uncensored web searching platforms include <https://duckduckgo.com/> and <https://brave.com/>



POWERFULLY  
— PURE —  
15% OFF FIRST PURCHASE



<https://powerfullypure.us4.list-manage.com/subscribe/post?u=04c1286f4132376b8096d486f&id=7c888de112>