



AWAKENING



FERTILITY

*with Fiona Boulton*

*Gain control of your journey with*

# PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Boulton*

## VIDEO 2





*Gain control of your journey with*

## PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Bullen*

## VIDEO 2

*Make your own notes  
as you listen*

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To join our most popular course with over 80% success rate, see  
[www.awakeningfertility.com/fertile-lifestyle-course](http://www.awakeningfertility.com/fertile-lifestyle-course)

## Prepare For Pregnancy Workbook 2

Refer to the end of the workbook for all links and products discussed

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## Prepare For Pregnancy Workbook - Video Links

### CONTACT

For direct support, reach out to us with any questions you may have: [support@awakeningfertility.com](mailto:support@awakeningfertility.com) to book your 1-to-1 private consultation with Fiona Boulton.

You can book here - <https://awakeningfertility.com/consultation/>

Or if you are a newsletter subscriber and have not yet had your complimentary consultation, sign up here - <https://awakeningfertility.com/newsletter>.



'Fertility Help (Supportive Community of Fertile Friends)' Facebook Group - Search the group on Facebook to request to join, or visit <https://www.facebook.com/groups/fertilityhelp/>

The Celestine Prophecy (DVD and Book) - available to buy as DVD, Audio Book and eBook at <https://www.amazon.co.uk/>

Powerfully Pure Meditations - <https://powerfullypure.com/products/powerfully-pure-meditation>

Awakening Fertility YouTube channel - <https://www.youtube.com/awakeningfertility>

Become Baby Ready Course - <https://awakeningfertility.com/baby-on-a-budget-interactive-support/#become-baby-ready>



The Master Key To Fertility - <https://awakeningfertility.com/baby-on-a-budget-interactive-support/#master-key-fertility>

## Prepare For Pregnancy Workbook - Video Links



How to do Self Fertility Massage on Powerfully Pure. Everyone doing the Online Fertile Lifestyle Course has access to the Self Fertility Massage, here - <https://courses.awakeningfertility.com/downloadables/>  
You will need to be logged into the Awakening Fertility Online Fertile Lifestyle Course to access this material.

Powerfully Pure Shungite -

<https://powerfullypure.com/products/shungite-tumblestones>



The Effects of Microwaves On Fertility YouTube Video -

<https://youtu.be/9MtL2qzC0Pw>



Powerfully Pure Marine Phytoplankton -

<https://powerfullypure.com/products/marinephytoplankton>

Powerfully Pure Chlorella - <https://powerfullypure.com/products/chlorella>



Marine Phytoplankton



Chlorella

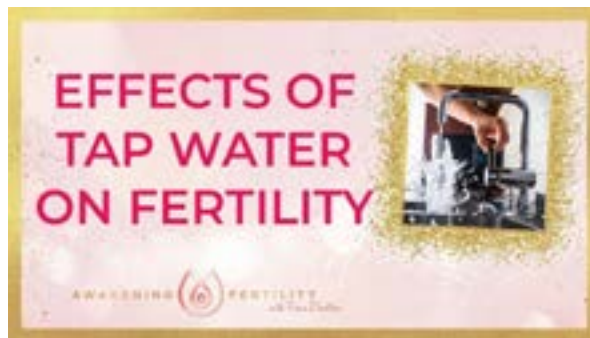


## Prepare For Pregnancy Workbook - Video Links

Qi Gong for Fertility - <https://powerfullypure.com/products/fertility-qi-gong>

For information on Kangen Water Machine, contact us on:  
[support@awakeningfertility.com](mailto:support@awakeningfertility.com)

The Effects of Tap Water on Fertility Youtube Video -  
<https://www.youtube.com/watch?v=VJqWp8ekYs4>



Link to article about distilling water after going through purifier -  
<https://awakeningfertility.com/2016/09/tap-water-harms-egg-health-and-harms-babies-even-when-pregnant/>

Powerfully Pure Fulvic Minerals -  
<https://powerfullypure.com/products/prebiotic-and-probiotic-fulvic-minerals>



Powerfully Pure Sacra Oil -  
<https://powerfullypure.com/products/essential-oil-sacra>



Sacra Oil

To view a full selections of supplements that are food grade and bio-available, visit <https://powerfullypure.com/>

## Prepare For Pregnancy Workbook - Video Links

To book a session with Fiona to discuss the Powerfully Pure range of products and find what best suits your needs, give us a call on [+44 \(0\)1243 882 518](tel:+44201243882518) or book in directly at <https://awakeningfertility.com/community-support/#complimentary-consultation>

Powerfully Pure Heavy Metal Detox -  
<https://powerfullypure.com/products/heavy-metal-detox>

Learn more about emotional guidance system with the Online Fertile Lifestyle Course - <https://awakeningfertility.com/fertile-lifestyle-course/>



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<https://powerfullypure.us4.list-manage.com/subscribe/post?u=04c1286f4132376b8096d486f&id=7c888de112>