



AWAKENING



FERTILITY

*with Fiona Boulton*

*Gain control of your journey with*

# PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Boulton*

## VIDEO 17





*Gain control of your journey with*

## PREPARE FOR PREGNANCY WORKBOOK

*with Fiona Baulton*

## VIDEO 17

*Make your own notes  
as you listen*

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## Prepare For Pregnancy Workbook 17

Refer to the end of the workbook for all links and products discussed

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## Prepare For Pregnancy Workbook - Video Links

### CONTACT

For direct support, reach out to us with any questions you may have:  
[support@awakeningfertility.com](mailto:support@awakeningfertility.com) to book your 1-to-1 private consultation with Fiona Boulton.

You can book here - <https://awakeningfertility.com/consultation/>

Or if you are a newsletter subscriber and have not yet had your complimentary consultation, sign up here -  
<https://awakeningfertility.com/newsletter>.



Powerfully Pure's Medical Grade Honey with Royal Jelly -  
[https://powerfullypure.com/products/medical-grade-whole-beehive-honey?\\_pos=1&\\_sid=2f9798342&\\_ss=r](https://powerfullypure.com/products/medical-grade-whole-beehive-honey?_pos=1&_sid=2f9798342&_ss=r)



Best Water For Fertility video on Awakening Fertility YouTube -  
<https://youtu.be/wQJoFkj683Y>



Powerfully Pure's eVitCi -  
[https://powerfullypure.com/products/evitci?\\_pos=1&\\_sid=e4a1e0c0d&\\_ss=r](https://powerfullypure.com/products/evitci?_pos=1&_sid=e4a1e0c0d&_ss=r)





## Prepare For Pregnancy Workbook - Video Links

For more information on Stool Tests and Fiona's recommendations please get in contact with Fiona on - [fiona@awakeningfertility.com](mailto:fiona@awakeningfertility.com)

Effects of IBS on Fertility video on Awakening Fertility Youtube - <https://youtu.be/J2iq3qghUFc>



Next Steps After Successful Egg Retrieval on Awakening Fertility Youtube - <https://youtu.be/8T077wQC-hM>



Powerfully Pure's Castor Oil Cleanse Kit - [https://powerfullypure.com/products/castor-oil-kit?\\_pos=3&\\_sid=de1117797&\\_ss=r](https://powerfullypure.com/products/castor-oil-kit?_pos=3&_sid=de1117797&_ss=r)



Communicate with Your Spirit Baby video on Awakening Fertility YouTube - <https://youtu.be/ehiYQhBdym4>





## Prepare For Pregnancy Workbook - Video Links

For more support, join Fiona's Fertility Help Facebook Group -  
<https://www.facebook.com/groups/fertilityhelp/>



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